O'MALLEY DINING FACILITY MENU APR2024

Monday - Friday:

Breakfast 0500 - 0830 | Lunch 1100 - 1330 | Dinner 1700 - 2000 | Midnight Meal 2300 - 2400

Weekends & Holidays:

Brunch 0700 - 1300 | Dinner 1700 - 1930 | Midnight Meal 2300 - 2400



- 1 Apr Lunch:
- Caribbean Catfish, Jerk Roast Turkey, Stuffed Green Peppers, Baked Potato Halves, Islander Rice, Corn Combo, French Style Green Beans, Garlic Peas
 - Dinner:
- Southwest Potatoes Black Beans & Corn, Beef Stew, Honey Ginger Chicken, Rice Pilaf, Roasted Pepper Potatoes, Asparagus, Cauliflower, Cream Style Corn
 - · 2 Apr Lunch:
- Baked Fish, Meatloaf, Baked Chicken, Baked Mac & Cheese, Mashed Potatoes, Black-eyed Peas, Carrots, Corn on the cob
 - Dinner:
- BBQ Beef Cubes, Southwestern Fish, Bourbon Chicken,
 Mexican Rice, Refried Beans w/ cheese, Peas, Mexican Corn,
 Spinach, Jalapeno Corn Bread
 - · 3 Apr Lunch:
- Lemon Basil Shrimp Pasta, Mambo Pork Roast, Chicken Bulgogi, O'Brien Potatoes, Brown Rice, Sauteed Mushroom & Onions, Grilled Asparagus, Broccoli Polonaise
 - Dinner:
 - Grilled Steak, Roast Turkey, Mediterranean Salmon, Roasted Pepper Potatoes, Brown Rice, Braised Cabbage, Green Beans, Cauliflower Combo
 - 4 Apr Lunch:
- Honey Ginger Chicken, Grilled Salmon w/ Citrus Butter, BBQ Brisket, Southern Style Sweet Potatoes, Spicy Brown Rice Pilaf, Southern Style Collard Greens, Corn, Stewed Tomatoes, Brown Gravy
 - Dinner:
- Crispy Oven Baked Chicken, Roast Beef, Parmesan Crusted Cod, Steamed Rice, Baked Sweet Potato, Fried Okra, Carrots, Corn Combo

• 5 Apr Lunch:

- Fiesta Chicken, Italian Broccoli Pasta, Stuffed Baked Porkchops, Savory Style Beans, Oven Browned Potatoes, Cauliflower Au Gratin, Carrots on the Griddle, Broccoli
 - · Dinner:
- Turkey Ala King, Savory Baked Chicken, Oven Fried Fish, Brown Rice w/Vegetables, Mashed Potatoes, Garlic Sauteed Spinach, Mixed Vegetables, Green Beans w/ Mushrooms
 - 6 Apr Lunch:
- French Fried Shrimp, Hot & Spicy Chicken, Ziti w/ Meat Sauce,
 Buttered Parsley Potatoes, Harvest Blend Rice, Herbed Green Beans,
 Succotash, Fried Okra
 - Dinner:
- Beef Stir Fry, Baked Stuffed Fish, Chicken Bulgogi, Dirty Rice, Lyonnaise Potatoes, Japanese Stir Fry, Fried Cauliflower, Glazed Carrots
 - 7 Apr Lunch:
- Turkey Breast Fillet, Shrimp Jambalaya, Southern Fried Chicken, Boston Baked Beans, Buttered Egg Noodles, Carrots, Peas w/Mushrooms & Onions, Cauliflower Combo
 - · Dinner:
- Baked Dijon Pork Chop, Chili Mac, Lemon Pepper Catfish, Simmered Pinto Beans, Hopping John Rice, Roasted Cauliflower, Corn, Broccoli

8 Apr Lunch:

 Roast Beef, Chicken Cordon Bleu, Pasta Primavera, Mashed Potatoes, Steamed Rice, Brussel Sprouts, Cream Style Corn, Roasted Butternut Squash

Dinner:

 Turkey Nuggets, Beef & Corn Pie, Bourbon Chicken, Wild Rice, Oven Browned Potatoes, Herbed Green Beans, Japanese Stir Fry, Asparagus

• 9 Apr Lunch:

 Chicken Kabob, Pepper Steak, Tuna Noodles, Steamed Rice, Roasted Redskin Potatoes, Braised Cabbage, Mexican Corn, Sauteed Mushroom & Onions

Dinner

 Sweet & Spicy Orange Salmon, Cheese Tortellini w/ Marinara, Steak Ranchero, Brown Rice, Cottage Fried Potatoes, Peas & Carrots, Green Beans w/ Mushrooms, Corn Calico

• 10 Apr Lunch:

 Cajun Chicken, Roast Pork, Turkey Breast Fillet, Rice Pilaf, Baked Beans, Carrots, Green Beans, Broccoli Polonaise

Dinner:

 Almond Crusted Cod, Hamburger Yakisoba, Cranberry Glazed Chicken, Lyonnaise Potatoes, Steamed Rice, Roasted Brussel Sprouts, Hacienda Corn and Black Beans, French Style Peas

• 11 Apr Lunch:

 Turkey and Spinach Meatloaf, Marinated Tomatoes, Swedish Meatball, Steamed Rice, Steamed Rice, O'Brien Potatoes, Club Spinach, Baked Sweet Potatoes, Mixed Vegetables

Dinner:

 BBQ Beef Cubes, Chicken Enchilada, Baked Florentine Turkey Roulade, Baked Mac & Cheese, Steamed Rice, Asparagus, Back Eyes Peas, Broccoli Combo

• 12 Apr Lunch:

 Swiss Steak w/ Brown Gravy, Stuffed Green Peppers, Tuna Noodles, Brown Rice w/ Tomatoes, Simmered Pinto Beans, Peas, Mediterranean Grilled Asparagus, Succotash

· Dinner:

 Lasagna, Chicken Cacciatore, Italian Broccoli Pasta, Harvest Blend Rice, Franconia Potatoes, Scalloped Corn, Herbed Green Beans, Roasted Butternut Squash

13 Apr Lunch

Grilled Honey Siracha Chicken, Chili Mac, Shrimp Chop Suey,
 Steamed Rice, Baked Potato, Oriental Stir Fry Cabbage, Fried Okra, Corn
 Combo

· Dinner:

 Jamaican Chicken, Braised Spareribs, Salisbury Grilled Salmon, Baked Beans, Brown Rice, Peas w/ Mushroom & Onions, Green Bean Sesame Glaze, Southern Style Collard Greens

• 14 Apr Lunch:

 Turkey Ala King, Country Style Fried Steak, Baja Baked Cod, Mashed Potatoes, Parmesan Rice, Roasted Cauliflower, Carrots on the Griddle, Mixed Veggies

· Dinner:

• Swedish Meatballs, Polynesian Fillet, Steak Smothered in Onions, Rissole Potatoes, Oriental Rice, Carrots, Broccoli, Cauliflower Combo

• 15 Apr Lunch:

 Oriental Pepper Steak, Chicken Parmesan, Baked Fish w/ Lemon Garlic Butter, Brown Rice, Oven Browned Potatoes, Corn Calico, Mixed Vegetables, Spinach

· Dinner:

 Pork Roast Tenderloin, Tuna Noodles, Savory Baked Chicken, Wild Rice, Glazed Sweet Potatoes, Stewed Tomatoes, Broccoli Polonaise, Corn

• 16 Apr Lunch:

 Basil Baked Fish, Turkey Breast Fillet, Pasta Provencal, Mashed Potatoes, Jefferson Noodles, Cauliflower, Carrots, Broccoli Parmesan

· Dinner:

Baja Fish Taco, Baked Mexican Chicken, Beef Stir Fry,
 Steamed Rice, Hacienda Potatoes, Corn Combo, Asparagus,
 Sesame Glazed Green Beans

17 Apr Lunch:

 Lemon Basil Pasta, Grilled Porkchop, Cajun Meatloaf, Red Beans & Rice, Crispy Potato Wedges, Corn on the Cobb, Cajun Style Vegetables, Peas w/Onions

· Dinner:

 Lemon Onion Baked Fish, Simmered Beef, Cajun Chicken, Dirty Rice, Roasted Pepper Potatoes, Carrots on the Griddle, Okra Mélange, Green Beans

18 Apr Lunch

Baked Dijon Pork Chops, Spinach Lasagna, Baked Florentine Turkey Roulade, Italian Style Beans, Barley Pilaf, Sauteed Collard greens w/ Garlic, Cauliflower Combo, Scalloped Corn

Dinner:

 Baked Salmon, Pineapple BBQ Meatballs, Spinach Lasagna, Crispy Potato Wedges, Steamed Rice, Japanese Stir Fry Vegetables, Mixed Veggies, Cauliflower

19 Apr Lunch:

 Bourbon Chicken, Cheese Tortellini, Stuffed Green Peppers, Corn Bread Dressing, Baked Sweet Potato, Asparagus, Sauteed Mushroom & Onions, Fried Cauliflower

Dinner:

 Turkey & Spinach Meatloaf, Crispy Oven Baked Chicken, Parmesan Fish, Rice Pilaf, Roasted Rosemary Potato Wedges, Roasted Carrots w/ Rosemary, Brussel Sprouts, Broccoli Polonaise

· 20 Apr Lunch:

Baked Chicken, Southwestern Shrimp Linguini, Beef Bulgogi, Sicilian Brown Rice, Garlic Mashed Potatoes, Herbed Green Beans, Fried Okra, Braised Cabbage

Dinner:

 Honey Ginger Chicken, Salisbury Steak, Lasagna, Sweet Potatoes Southern Style, Boston Baked Beans, Cauliflower Au Gratin, Collard Greens, Scalloped Corn

· 21 Apr Lunch:

Creole Fish Fillets, Stir Fry Chicken w/ Broccoli, Teriyaki Steak,
 Lyonnaise Rice, Roasted Pepper Potatoes, Roasted Cauliflower, French
 Style Green Beans

Dinner:

Chicken Ala King, Baked Fish, Pasta Primavera, O'Brien Potatoes,
 Quinoa Southwest Pilaf, Hacienda Corn & Black Beans, Summer Squash,
 Stewed Tomatoes

· 22 Apr Lunch:

Southwestern Sweet Potatoes Black Beans & Corn,
 Simmered Beef, Almond Crusted Cod, Steamed Rice, Roasted
 Pepper Potatoes, Corn, Peas & Carrots, Asparagus

Dinner:

 Spaghetti w/ Turkey Meat Sauce, Baked Fish w/ Lemon Garlic Butter, Beef Stir Fry, Wild Rice, Buttered Parsley Potatoes, Succotash, Cauliflower Parmesan, Roasted Carrots w/ Rosemary

• 23 Apr Lunch:

Chili Mac, Basil Baked Fish, Teriyaki Chicken, Rice Pilaf,
 Simmered Pinto Beans, Green Beans w/ Mushrooms, Oriental
 Stir Fry Cabbage, Cauliflower

· Dinner:

 Pork Roast Tenderloin, Baja Baked Cod, Pasta Provencal, Scalloped Potatoes, Steamed Rice, Broccoli Combo, Corn Calico, Garlic Sautéed Spinach

· 24 Apr Lunch:

 Shrimp Kabob, Ginger BBQ Chicken, Chicken Tiki Masala, Garlic & Soy Roasted Potatoes, Steamed Rice, Green Beans Sesame Glaze, Sauteed Mushrooms & Onions, Spinach

· Dinner:

 Marinated Tomatoes w/ Penne & Basil, Southern Fried Catfish, Sweet Chili BBQ Meatballs, Brown Rice, Potatoes & Herbs, Curried Cauliflower, Stewed Tomatoes, Asparagus

· 25 Apr Lunch

 Chicken w/ Dumplings, Spaghetti w/ Meat Sauce, Baked Fish, Red Beans and Rice, Mashed Potatoes, Broccoli, Southern Style Collard Greens. Carrots

· Dinner:

 Baked Chicken, BBQ Brisket, Baked Fish, Crispy Potato Wedges, Brown Rice, Fried Okra, Green beans w/Mushrooms, Cream Style Corn

26 Apr Lunch:

 Polish Sausage, Baked Salmon, Spaghetti w/ Meat Sauce, Buttered Parsley Potatoes, Brown Rice w/ Tomatoes, Sauteed Peppers & Onions, Brussel Sprouts, Mixed Vegetables

Dinner:

• Roast Beef, Shrimp Scampi, Chicken Bulgogi, Baked Potato Halves, Steamed Rice, Corn on the Cob, Glazed Carrots, Cauliflower Parmesan

27 Apr Lunch:

Santa Fe Glazed Chicken, Baked Dijon Porkchops, Beef Ball Stroganoff, Hopping John Rice, Cottage Fried Potatoes, Stewed Tomatoes, Fried Cauliflower, Braised Cabbage

Dinner:

 Salmon w/ Maple ginger glaze, Stuffed Green Peppers w/ Turkey & Lentils, Pasta Primavera, garlic Mashed Potatoes, Lyonnaise Rice, Garlic Sautéed Spinach, Mixed Veggies, Fried Okra

28 Apr Lunch:

 Cheese Tortellini, French Fried Shrimp, Bourbon Chicken, Steamed Rice, Roasted Pepper Potatoes, Roasted Carrots w/ Rosemary, Japanese Stir Fry Veggies, Succotash

· Dinner:

 Beef Pot Pie, Lemon Baked Fish, Herbed Baked Chicken, Baked Sweet Potato, Steamed Rice, Creamed Style Corn, Broccoli Combo, Olive-Oil Braised Carrots w/ Warm Spices

29 Apr Lunch:

 Caribbean Catfish, Jerk Roast Turkey, Stuffed Green Peppers, Baked Potato Halves, Islander Rice, Corn Combo, French Style Green Beans, Garlic Peas

Dinner:

- Southwestern Sweet Potatoes Black Beans & Corn, Beef Stew, Chicken Breast Dijon, Rice Pilaf, Roasted Pepper Potatoes, Asparagus, Cauliflower, Cream Style Corn
 - · 30 Apr Lunch:
- Baked Fish, Meat Loaf, Baked Chicken, Baked Mac & Cheese, Mashed Potatoes, Black Eyed Peas, Carrots, Corn
 - · Dinner:
- BBQ Beef Cubes, Southwestern Fish, Beef Fajitas,
 Mexican Rice, Refried Beans w/ Cheese, Peas, Mexican Corn,
 Spinach

Specialty Bar

1st & 3rd Monday-Sausage Bar

2nd & 4th Monday Potato Bar

Tuesday- Taco Bar

Wednesday- Wing Bar

Thursday- Ethnic Meal

4 Apr-Asian Meal

11 Apr- Mexican Meal

18 Apr- Korean Meal

25 Apr- Southern Meal

Friday-Pasta Bar

Last Wednesday of the month- Mongolian Grill (Lunch)
Wing Bar (Dinner)

1st Tuesday/ Month- Steak for Breakfast

