

**O'MALLEY
DINING
FACILITY MENU
FEBRUARY 2024**

Monday – Friday:

Breakfast 0500 – 0830

Lunch 1100 – 1330

Dinner 1700 – 2000

Midnight Meal 2300 – 2400

Weekends & Holidays:

Brunch 0700 – 1300

Dinner 1700 – 1930

Midnight Meal 2300 – 2400



- **1 Feb (Italian Meal) Lunch:**
- **Lasagna, Italian Sausage w/Peppers & Onions, Italian Broccoli Pasta, Buttered Egg Noodles, Onion Gravy. Calico Corn, Herbed Green Beans, Italian Style Baked beans, Toasted Garlic Bread**
 - Dinner:
 - Baked Chicken, BBQ Brisket, Baked Fish, Crispy Potatoes, Brown Rice, Okra Melange, Green beans w/Mushrooms, Cream Style Corn
 - 2 Feb Lunch:
 - Polish Sausage, Baked Salmon, Ziti w/ Meat Sauce, Buttered Parsley Potatoes, Brown Rice w/ Tomatoes, sauteed Peppers & Onions, Brussel Sprouts, Mixed Vegetables
 - Dinner:
 - Roast Beef, Shrimp Scampi, Chicken Bulgogi, Baked Potato Halves, Steamed Rice, Corn on the Cob, Glazed Carrots, Cauliflower Parmesan
 - 3 Feb Lunch:
 - Baked Dijon Porkchops, Beef Ball Stroganoff, Hopping John Rice, Cottage Fried Potatoes, Stewed Tomatoes, Fried Cauliflower, Braised Cabbage
 - Dinner:
 - Salmon w/Maple Ginger Glaze, Stuffed Green Peppers w/Turkey & Lentils, Pasta Primavera, Garlic Mashed Potatoes, Lyonnaise Rice, Garlic Sautéed Spinach, Mixed Veggies, Fried Okra

- 4 Feb Lunch:

- Cheese Tortellini, Bourbon Chicken, Steamed Rice, Roasted Pepper Potatoes, Roasted Carrots w/ Rosemary, Japanese Stir Fry Veggies, Succotash

- Dinner:

- Beef Pot Pie, Lemon Baked Fish, Herbed Baked Chicken, Baked Sweet Potato, Steamed Rice, Creamed Style Corn, Broccoli Combo, Olive-Oil Braised Carrots w/ Warm Spices

- 5 Feb Lunch:

- Caribbean Catfish, Jerk Roast Turkey, Stuffed Green Peppers, Baked Potato Halves, Islander Rice, Corn Combo, French Style Green Beans, Garlic Peas

- Dinner:

- Southwestern Sweet Potatoes Black Beans & Corn, Beef Stew, Chicken Breast Dijon, Rice Pilaf, Roasted Pepper Potatoes, Asparagus, Cauliflower, Cream Style Corn

- 6 Feb Lunch:

- Baked Fish, Meat Loaf, Baked Chicken, Baked Mac & Cheese, Mashed Potatoes, Black Eyed Peas, Carrots, Corn On The Cob

- Dinner:

- BBQ Beef Cubes, Southwestern Fish, Beef Fajitas, Mexican Rice, Refried Beans w/ Cheese, Peas, Mexican Corn, Spinach

- 7 Feb Lunch:

- Lemon Basil Shrimp Pasta, Mambo Pork Roast, Chicken Bulgogi, O'Brien Potatoes, Barley Pilaf, Sauteed Mushroom & Onions, Grilled Asparagus, Broccoli Polonaise

- Dinner:

- Grilled Steak, Roast Turkey, Mediterranean Salmon, Roasted Pepper Potatoes, Brown Rice, Braised Cabbage, Green Beans, Cauliflower Combo

- 8 Feb (Korean) Lunch:

- Chicken Bulgogi, Beef Bulgogi, Cantonese Ribs, Steamed Rice, Egg Rolls, Club Spinach, Glazed Sweet Potatoes, and Mixed Vegetables

- Dinner:

- Crispy Oven Baked Chicken, Roast Beef, Parmesan Crusted Cod, Steamed Rice, Baked Sweet Potato, Fried Okra, Carrots, Corn Combo

- 9 Feb Lunch:

- Fiesta Chicken, Italian Broccoli Pasta, Stuffed Baked Porkchops, Savory Style Beans, Oven Browned Potatoes, Cauliflower Au Gratin, Carrots on the Griddle, Broccoli

- Dinner:

- Turkey Ala King, Savory Baked Chicken, Oven Fried Fish, Brown Rice w/Vegetable Sicilian, Mashed Potatoes, Carrots on the Griddle, Mixed Vegetables, Green Beans w/Mushrooms

- 10 Jan Lunch:

- Fried Shrimp, Ziti w/ Meat Sauce, Buttered Parsley Potatoes, Harvest Blend Rice, Herbed Green Beans, Succotash, Fried Okra

- Dinner:

- Beef Stir Fry, Baked Stuffed Fish, Chicken Bulgogi, Dirty Rice, Lyonnaise Potatoes, Japanese Stir Fry, Fried Cauliflower, Glazed Carrots

- 11 Feb Lunch:
 - Turkey Breast Fillet, Southern Fried Chicken, Boston Baked Beans, Buttered Egg Noodles, Carrots, Peas w/Mushrooms & Onions, Cauliflower Combo
 - Dinner:
 - Baked Dijon Pork Chop, Chili Mac, Lemon Pepper Catfish, Simmered Pinto Beans, Hopping John Rice, Roasted Cauliflower, Corn, Broccoli
 - 12 Feb Lunch:
 - Roast Beef, Pasta Primavera, Mashed Potatoes, Steamed Rice, Brussel Sprouts, Cream Style Corn, Roasted Butternut Squash
 - Dinner:
 - Turkey Nuggets, Beef & Corn Pie, Bourbon Chicken, Wild Rice, Oven Brownded Potatoes, Herbed Green Beans, Japanese Stir Fry, Asparagus
 - 13 Feb Lunch:
 - Chicken Kabob, Pepper Steak, Tuna Noodles, Steamed Rice, Roasted Redskin Potatoes, Braised Cabbage, Mexican Corn, Sauteed Mushroom & Onions
 - Dinner:
 - Sweet & Spicy Orange Salmon, Cheese Tortellini w/ Marinara, Steak Ranchero, Brown Rice, Cottage Fried Potatoes, Peas & Carrots, Green Beans w/ Mushrooms, Corn Calico
 - 14 Feb Lunch:
 - Cajun Chicken, Roast Pork, Turkey Breast Fillet, Rice Pilaf, Baked Beans, Carrots, Green Beans, Broccoli Polonaise
 - Dinner:
 - Almond Crusted Cod, Spaghetti w/Meat Sauce, Chicken Tiki Masala, Lyonnaise Potatoes, Steamed Rice, Roasted Brussel Sprouts, Hacienda Corn and Black Beans, French Style Peas

- 15 Feb (Asian Meal) Lunch:
 - Pork Adobo, Chinese Five-Spice Chicken, Ground Beef Yakisoba, Steamed Rice, Egg Rolls, Japanese Stir Fry Vegetables, Corn, and Fried Cabbage
 - Dinner:
 - BBQ Beef Cubes, Chicken Enchilada, Baked Florentine Turkey Roulade, Baked Mac & BBQ Cheese, Steamed Rice, Asparagus, Back Eyes Peas, Broccoli Combo
 - 16 Feb Lunch:
 - Swiss Steak w/ Brown Gravy, Stuffed Green Peppers, Tuna Noodles, Brown Rice w/ Tomatoes, Simmered Pinto Beans, Peas, Mediterranean Grilled Asparagus, Succotash
 - Dinner:
 - Lasagna, Chicken Cacciatore, Italian Broccoli Pasta, Harvest Blend Rice, Franconia Potatoes, Scalloped Corn, Herbed Green Beans, Roasted Butternut Squash
 - 17 Feb Lunch:
 - Grilled Honey Siracha Chicken, Chili Mac, Steamed Rice, Baked Potato, Oriental Stir Fry Cabbage, Fried Okra, Corn Combo
 - Dinner:
 - Jamaican Chicken, Braised Spareribs, Salisbury Grilled Salmon, Baked Beans, Brown Rice, Peas w/ Mushroom & Onions, Green Bean Sesame Glaze, Southern Style Collard Greens

****Menu is subject to change****

- 18 Feb Lunch:

- Turkey Ala King, Country Style Fried Steak, Parmesan Rice, Roasted Cauliflower, Carrots on the Griddle, Mixed Veggies

- Dinner:

- Swedish Meatballs, Polynesian Fillet, Steak Smothered in Onions, Rissole Potatoes, Oriental Rice, Carrots, Broccoli, Cauliflower Combo

- 19 Feb Lunch:

- Oriental Pepper Steak, Chicken Parmesan, Baked Fish w/ Lemon Garlic Butter, Brown Rice, Oven Brownd Potatoes, Corn Calico, Roasted Butternut Squash, Spinach

- Dinner:

- Pork Roast Tenderloin, Tuna Noodles, Savory Baked Chicken, Wild Rice, Glazed Sweet Potatoes, Stewed Tomatoes, Broccoli Polonaise, Corn

- 20 Feb Lunch:

- Basil Baked Fish, Turkey Breast Fillet, Pasta Provencal, Mashed Potatoes, Jefferson Noodles, Cauliflower, Carrots, Broccoli Parmesan

- Dinner:

- Baja Fish Taco, Baked Mexican Chicken, Beef Stir Fry, Steamed Rice, Hacienda Potatoes, Corn Combo, Roasted Butternut Squash, Sesame Glazed Green Beans

- 21 Feb Lunch:

- Lemon Basil Pasta, Grilled Porkchop, Cajun Meatloaf, Red Beans & Rice, Crispy Potato Wedges, Cajun Style Vegetables, Peas w/Onions

- Dinner:

- Onion-Lemon Baked Fish, Simmered Beef, Cajun Chicken, Dirty Rice, Roasted Pepper Potatoes, Carrots on the Griddle, Okra Mélange, Green Beans

- 22 Feb (Mexican) Lunch:

- Mexican Baked Chicken, Beef Enchiladas, Baja Fish Tacos, Spanish Rice, Oven Brown Potatoes, Spanish Style Beans, Hacienda Corn & Black Beans, Hacienda Green Beans, and Jalapeno Cornbread

- Dinner:

- Onion-Lemon Baked Fish, Simmered Beef, Cajun Chicken, Dirty Rice, Roasted Pepper Potatoes, Carrots on the Griddle, Okra Mélange, Green Beans

- 23 Feb Lunch:

- Lemon Basil Pasta, Grilled Porkchop, Cajun Meatloaf, Red Beans & Rice, Crispy Potato Wedges, Cajun Style Vegetables, Peas w/Onions

- Dinner:

- Onion-Lemon Baked Fish, Simmered Beef, Cajun Chicken, Dirty Rice, Roasted Pepper Potatoes, Carrots on the Griddle, Okra Mélange, Green Beans

- 24 Feb Lunch:

- Lemon Basil Pasta, Grilled Porkchop, Cajun Meatloaf, Red Beans & Rice, Crispy Potato Wedges, Cajun Style Vegetables, Peas w/Onions

- Dinner:

- Onion-Lemon Baked Fish, Simmered Beef, Cajun Chicken, Dirty Rice, Roasted Pepper Potatoes, Carrots on the Griddle, Okra Mélange, Green Beans

- **25 Feb Lunch:**

- **Creole Fish Fillets, Stir Fry Chicken w/ Broccoli, Teriyaki Steak, Lyonnaise Rice, Roasted Pepper Potatoes, Roasted Cauliflower, French Style Green Beans**

- **Dinner:**

- **Chicken Ala King, Baked Fish, Pasta Primavera, O'Brien Potatoes, Quinoa Southwest Pilaf, Hacienda Corn & Black Beans, Roasted Butternut Squash, Stewed Tomatoes**

- **26 Feb Lunch:**

- **Southwestern Sweet Potatoes Black Beans & Corn, Simmered Beef, Almond Crusted Cod, Steamed Rice, Roasted Pepper Potatoes, Corn, Peas & Carrots, Asparagus**

- **Dinner:**

- **Spaghetti w/ Turkey Meat Sauce, Baked Fish w/ Lemon Garlic Butter, Beef Stir Fry, Wild Rice, Buttered Parsley Potatoes, Succotash, Cauliflower Parmesan, Roasted Carrots w/ Rosemary**

- **27 Feb Lunch:**

- **Chili Mac, Basil Baked Fish, Teriyaki Chicken, Rice Pilaf, Simmered Pinto Beans, Green Beans w/ Mushrooms, Oriental Stir Fry Cabbage, Cauliflower**

- **Dinner:**

- **Pork Roast Tenderloin, Baja Baked Cod, Pasta Provencal, Scalloped Potatoes, Steamed Rice, Broccoli Combo, Corn Calico, Garlic Sautéed Spinach**

- **28 Feb Lunch:**

- **Shrimp Kabob, Ginger BBQ Chicken, Chicken Tiki Masala, Garlic & Soy Roasted Potatoes, Steamed Rice, Green Beans Sesame Glaze, Sauteed Mushrooms & Onions, Spinach**

- **Dinner:**

- **Marinated Tomatoes w/ Penne & Basil, Southern Fried Catfish, Sweet Chili BBQ Meatballs, Brown Rice, Potatoes & Herbs, Curried Cauliflower, Stewed Tomatoes, Asparagus**

- **29 Feb (German) Lunch:**

- **Pork Schnitzel, Bratwurst, Beef Ball Stroganoff, Potatoes and Herbs, Buttered Egg Noodles, Fried Cabbage, Brussel Sprouts, and Carrots**

- **Dinner:**

- **Baked Chicken, BBQ Brisket, Baked Fish, Crispy Potatoes, Brown Rice, Okra Melange, Green beans w/Mushrooms, Cream Style Corn**

Specialty Bar

1st & 3rd Monday - Sausage Bar

2nd & 4th Monday - Potato Bar

Tuesday - Taco Bar

Wednesday - Wing Bar

Thursday - Ethnic Meal

1 Feb - Italian

8 Feb – Korean

15 Feb - Asian

22 Feb – Mexican

29 Feb – Korean

Friday - Pasta Bar

Last Wednesday of the Month – 27 Feb

Mongolian Grill (Lunch)

Wing Bar (Dinner)

1st Tuesday/ Month (1 Jan) - Steak for Breakfast

Menu is subject to change

